

CPR Quick Reference

	Adult	Child	Infant
Age	Adolescent or older	1 year to adolescent	< 1 year
If alone, call 911	Immediately	After 2 minutes CPR	
CPR Ratio	30:2		
Hand position	On sternum, between nipples		
	2 hands	1 hand	2–3 fingers
Rate	100 per minute		
Choking	Abdominal Thrusts	Back slap and chest thrust	